

A report on participation in the exhibitions held during the 75th anniversary of MBB College, Agartala

On the 75th anniversary of MBB College, Agartala exhibitions were held from the 5th - 9th of September 2022. In these exhibitions, the students of the Department of Psychology had participated. In the meeting, it was decided that models will be prepared on Yerkes-Dodson Law and Stress Management Techniques which would be presented in the upcoming 75th Anniversary celebrations of M.B.B. College, Agartala. The students had prepared and presented with the model of Yerkes-Dodson Law. Additionally, yoga, meditation, exercise relaxation training and biofeedback training were also illustrated in the exhibition.

The students were actively guided by the departmental teachers before and during the exhibition sessions.





