

Awareness Programme on Financial Wellness

An awareness programme on Financial Wellness was organised by the Department of Sociology and Internal Quality Assurance Cell (IQAC), Maharaja Bir Bikram College, Agartala, Tripura in collaboration with Knowise Learning Academy, Delhi, on 6th July, 2024, at 3 PM in the Conference Hall.

The programme got started by felicitating the guests on the dias. This was followed by a welcome address by Ms. Tracy Darlong, Head, Department of Sociology, MBB College, Agartala. Following this an address was delivered by Sri Nani Gopal Nandi, Secretary, Teachers' Council, MBB College, Agartala. Thereafter, the Resource Person Ms. Namrata Arora, Director, Knowise Learning Academy, Delhi, in her address highlighted the importance of this awareness programme in every field of life and also the significance and uniqueness behind organising this programme. She concluded her address by stating that, financial wellness is a relative measure of how well a person manages their financial life. Improving wellness is about practicing better money habits, setting goals and taking steps to achieve them, all with the aim of improving one's overall quality of life. This was followed by an address from the chairperson of this programme, Dr. Nirmal Bhadra, Principal, MBB College, Agartala. After that Dr. Barnali Dey, Coordinator, IQAC, MBB College, Agartala, proposed the vote of thanks.

This Awareness Programme was attended by the students from across the departments along with good number of NSS Volunteers and also by the faculty members. The programme was compered by Dr. Surojit Sen Gupta, Associate Professor, Department of Sociology, MBB College, Agartala. The programme ended with distribution of sweet packets to all present.

